

# Mentoring Agenda

CAREER *insight* STUDIO

Date: \_\_\_\_\_

## Discussion Points

The topics or areas you want to explore during this session.

## Current Challenges

Any challenges you are currently facing and ideas on how to tackle them.

## Progress & Learnings

Update on your progress since last session, including any learnings.

## Actions

Actions to take before next session, as well as incomplete actions carried from last session.

# Goal Setting Template

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Target Date: \_\_\_\_\_

My priority goal right now is:

I want to achieve this because:

I'll know I've achieved this goal when:

Key things that will help me to  
achieve this goal:

Main Challenges that may prevent me or  
delay me achieving this goal:

3 Steps I can take to reach this goal:

1

2

3

Who can support me?